



REOPENING PROTOCOL- All decision making is driven by the desire to preserve the health and safety of our LIVING FITNESS clientele and staff. LIVING FITNESS will continue to follow the recommendations of the Center for Disease Control and state and federal government. LIVING FITNESS will also continue to communicate and follow the directives of the New Jersey Department of Health. All decisions regarding our safety protocol will be periodically reviewed and modified if needed.

Temperatures will be taken via an infrared thermometer upon entry to the studio. This will apply to all LIVING FITNESS trainers and clients. From advisement of the CDC, anyone with the temperature over 100.4 will not be permitted to enter the training facility.

All trainers and clients must properly sanitize or wash their hands (for minimum of 20 seconds) upon entering the studio and after each training session.

Use of the cardio equipment before (not including warm-up) or after your appointment is suspended at this time in an effort to keep occupancy low.

All LIVING FITNESS trainers will space out their schedules leaving a 10 minute window between clients. We kindly ask that you do not enter the studio more that 5 minutes before your scheduled session.

LIVING FITNESS will no longer provide communal items such as gum and fresh fruit.

We request that clients bring their own water bottle. The water cooler will continue to be available for water. LIVING FITNESS will not be providing cups in an effort to avoid cups being left around the studio.

In compliance with NJ Executive Order No.157 and to provide appropriate social distance between clients, LIVING FITNESS will either utilize additional space at 354 Eisenhower Parkway to ensure clients are in their own room, or the studio training floor will be divided into training sections with the use of plexiglass partitions. Your training session will take place in your designated area.

LIVING FITNESS will distance clients in separate rooms while using cardio equipment and will be installing plexiglass partitions in the cardio area between each piece of equipment where social distancing is challenging.

All LIVING FITNESS trainers will wear masks and gloves (gloves will be changed after each session).

In compliance with NJ Executive Order No. 157, LIVING FITNESS clients are required to wear a face covering while training inside LIVING FITNESS and have the option to wear gloves.

LIVING FITNESS has installed three MEDIFYAIR Purifiers in the studio. These are high-efficiency H13 TRUE HEPA filters that each clean the air up to 1300 square feet per filter in the main studio, and 500 square feet in the Pilates studio.

LIVING FITNESS has bought hospital grade cleaning products from SterileNetics and will perform thorough cleanings after each client's training session and throughout the day- and deep clean after closing for the day. This includes high touch areas like doorknobs, dumbbells, handles, and equipment frames.

LIVING FITNESS has hired the medical grade cleaning company SterileNetics to perform a disinfecting electrostatic fogging of the gym once per week in addition to the weekly deep cleaning previously mentioned.

LIVING FITNESS will continue to offer remote training sessions for any client who chooses to remain home at this time.